LEARNING JOURNEY



Exams, transition to KS5



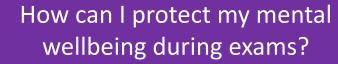




What are my rights and expectations for safe, good relationships?



ROCK & Challenge: 1st Aid







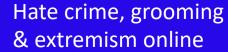








ROCK & Challenge: coercion and consent









How will logical skills protect me from hate & grooming?

ROCK & Challenge: Human rights and diversity

The processes of giving birth









ROCK & Challenge: Mental health, stress and anxiety: timing matches exams! What challenges come with pregnancy?



What can I do during tough times?











ROCK & Challenge: Smoking, alcohol & addictions

YEAR



ROCK Ground rules & Values



In secondary schools, all students of all abilities must (by law) have learned about these topics by the end of Y11. These are covered in PSHE and science, RE and other subjects. We cover an element of

- How to be safe and assess risk
- How your body changes at key life stages
- Health including physical & mental health, prevention of illness, first aid and substance abuse risks
- Families, fertility and contraception
- Online safety and understanding the media

each every year, revisiting and getting more challenging to be age-appropriate.

- Healthy relationships of all types, including friendship, family and intimate. Consent & the law.
- Mental wellbeing including in challenging times and situations