

## On – Line Programme of Learning for Year 11

Autumn (1 <sup>st</sup> term)	Autumn (2 <sup>nd</sup> term)	Spring (1 <sup>st</sup> term)	Spring (2 <sup>nd</sup> term)	Summer (1 <sup>st</sup> term)	Summer (2 <sup>nd</sup> term)
From: To:	From: To:	From: To:	From: To:	From: To:	From: To:
Topic/Key Questions/ Learning Outcomes: Self expression & respect (anti-misogyny/homophobia and pro-self expression) Anti- Smoking, Vaping, Shisha, Alcohol Time management and study skills (refresher)	Topic/Key Questions/ Learning Outcomes: Time management and study skills (refresher) Stress and the online world – social media loops and bubbles/algorithms/doom scrolling Pregnancy and fertility science 3 – follow on from Y10 content To include terminations, miscarriage, stillbirth and baby loss (NB please check staff for trauma).	Topic/Key Questions/ Learning Outcomes: Mental health – healthier vs riskier coping mechanisms 2 – refresher prior to mocks Risks around energy drinks, excessive screen time, alcohol/drugs, signs of mental health problems.	Topic/Key Questions/ Learning Outcomes: Mental health when studying for exams – strategies to plan time, take rest, eat well when studying and busy. What is “burn out” - MH first aid Mental & Physical health First Aid 3 (refresher)	Topic/Key Questions/ Learning Outcomes: Refresher on coercive control & boundaries in both sexual and non-sexual relationships. Financial control Abusive employment models as well as romantic control	Topic/Key Questions/ Learning Outcomes:  Exam period
Skills(students should be able to do): to respect equality and be a productive member of a diverse community how to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco; maintaining a balanced diet; physical activity; mental and emotional health and wellbeing; and sexual health how to assess and manage risks to health; and to keep themselves and others safe	Skills(students should be able to do): Pregnancy and fertility science 3 – follow on from Y10 content To include terminations, miscarriage, stillbirth and baby loss (NB please check staff for trauma). how to identify and access help, advice and support the role and influence of the media on lifestyle About fertility and pregnancy about parenthood and the consequences of teenage pregnancy, pregnancy at all times and health during pregnancy.	Skills(students should be able to do): How to assess and manage risks to health; and to keep themselves and others safe how to identify and access help, advice and support how to respond in an emergency how to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco; maintaining a balanced diet; physical activity	Skills(students should be able to do): how to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco; maintaining a balanced diet; physical activity; how to identify and access help, advice and support how to respond in an emergency, including administering first aid	Skills(students should be able to do): how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills how to recognise and manage emotions within a range of relationships how to deal with risky or negative relationships about the concept of consent in a variety of contexts (including in sexual relationships)	Skills(students should be able to do):  N/A

<p>End of term 1 assessment to cover: Formative and FA led feedback to GOP and have metacognition around mental health and stress</p>	<p>End of term 2 assessment to cover: GOP formative work on mental health and healthy coping with GOP session</p>	<p>End of year assessment to cover: GOP risky and healthy relationships – pushing focus on to college/6<sup>th</sup> form settings as a young adult.</p>
---	---	--